



Media Statement

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New hope for high blood pressure sufferers

For Alex Hislop of North Coogee life has changed dramatically since undergoing an innovative procedure at Royal Perth Hospital.

Just last month, Mr Hislop said he had trouble walking uphill but now has a new lease on life and is feeling great.

“For so long small, everyday tasks were difficult. Since leaving hospital just two weeks ago, I have started painting the house – something I would never had thought I could do,” Mr Hislop said.

The change in Mr Hislop is thanks to a new and exciting procedure called Catheter-based renal denervation only offered at Royal Perth Hospital.

This non-invasive procedure is a new treatment option for patients with blood pressure in excess of 160 who cannot reach target blood pressure levels even with the use of three or more medications.

Dr Sharad Shetty, Interventional Cardiologist at Royal Perth Hospital said if blood pressure was not controlled, these patients are at significant risk of heart attacks and strokes in the future.

‘The procedure works by disabling the nerves leading in and out of the kidney using radio frequency energy. These nerves can cause hyperactivation of the sympathetic nervous system and as a result cause high blood pressure,’ Dr Shetty said.

“This procedure is performed by inserting a catheter through the upper thigh ensuring recovery time is far less when compared with surgery and patients can usually return home the following day.”

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